

Active Physioworks Presents
 St. Albert Road Race
 St. Albert, AB
 April 23rd, 2023

Overall 10KM Results

Over All Rank	Rank In AgeGroup	Sex	Bib Num	Competitor Name	Official Time	Pace Min/Km
1	1/4	M	392	Ben Workman	34:04	3:25
2	1/5	M	383	Simon Stewart	34:46	3:29
3	1/2	M	301	William Allaway Brager	34:51	3:30
4	1/1	M	368	Ben Nawrot	38:28	3:51
5	1/9	F	376	Kathleen Saxon	39:02	3:55
6	1/9	F	321	Kathryn Durell	39:13	3:56
7	2/2	M	334	Daniel Gutierrez	39:14	3:56
8	2/4	M	309	Brook Bell	39:19	3:56
9	1/9	M	325	Sean Farand	40:12	4:02
10	1/7	F	305	America Aznar	40:52	4:06
11	1/4	M	307	Steve Baker	41:22	4:09
12	2/9	M	328	Tyler Gamblin	44:16	4:26
13	3/9	M	379	Kurtis Steadman	44:19	4:26
14	1/4	F	319	Fallon Dickie	44:27	4:27
15	2/9	F	387	Shawna Vande Brink	45:11	4:32
16	2/4	F	300	Catherine Alcorn	45:28	4:33
17	1/6	F	326	Heidi Felderhof	45:52	4:36
18	1/9	M	385	Julio Uribe	45:57	4:36
19	3/4	M	345	Hanson Le	46:45	4:41
20	1/1	M	318	Zachary Dean	46:52	4:42
21	2/9	F	371	Joanna O'Reilly	47:01	4:43
22	3/9	F	303	Melannie Angeles	47:02	4:43
23	2/9	M	352	Benjamin Martinez	47:19	4:44
24	1/1	F	316	Kylar Cornelssen	48:17	4:50
25	1/2	M	386	Allan Ushko	50:20	5:02
26	4/9	M	306	Ryan Baillie	50:33	5:04
27	2/7	F	315	Joanna Cooper	50:58	5:06
28	3/9	M	335	Lucas Hansen	51:34	5:10
29	3/9	F	68	Katelyn Rennie	51:54	5:12
30	2/4	M	331	Andrew Giles	52:04	5:13
31	1/2	M	378	Ian Smith	52:24	5:15
32	3/4	M	332	Bruce Gnenz	52:25	5:15
33	5/9	M	302	Aaron Andres	52:52	5:18
34	4/9	F	375	Yana Rashkovetsky	53:15	5:20
35	5/9	F	356	Lindsay McHutchion	53:16	5:20
36	2/5	M	389	Bryan Watson	53:26	5:21
37	3/7	F	317	Cara Cotter	53:28	5:21
38	6/9	F	323	Claire Ewatski	53:52	5:24
39	1/2	M	324	Jamie Ewatski	53:53	5:24
40	7/9	F	393	Heather Woronuk	53:53	5:24
41	4/9	M	348	Douglas MacKellar	53:55	5:24
42	5/9	M	395	Daniel Zenko	54:34	5:28
43	6/9	M	312	Cristhian Ca Cantillo Olave	55:26	5:33
44	8/9	F	370	Cindy Nguyen	55:44	5:35
45	3/4	F	359	Alyssa McNamara	56:30	5:39
46	4/9	F	398	Anyarat Surin	57:13	5:44
47	4/4	F	313	Taylor Chartrand	57:28	5:45
48	1/4	F	360	Annette McNamara	57:29	5:45

49	7/9	M	342	Adam Kerr	57:49	5:47
50	2/6	F	397	Sarah Frank	57:57	5:48

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51	8/9	M	320	Jason Downey	58:06	5:49
52	4/4	M	364	Christopher Moen	58:23	5:51
53	6/9	M	344	Brodey Kropla	58:24	5:51
54	3/6	F	382	Zoe Stefaniuk	58:40	5:52
55	9/9	M	381	Tyler Stefaniuk	58:41	5:53
56	5/9	F	365	Christine Montpellier	58:50	5:53
57	1/2	F	396	Sheryl Petras	1:00:04	6:01
58	2/2	F	327	Sheila Gagnon	1:00:34	6:04
59	6/9	F	353	Rebecca Martini	1:01:08	6:07
60	1/1	M	377	Steve Shutt	1:01:21	6:09
61	2/2	M	347	Rubens Lima	1:01:40	6:10
62	7/9	F	338	Nyle Jackson	1:02:04	6:13
63	8/9	F	394	Erin Yarmuch	1:03:57	6:24
64	3/5	M	304	Bernard Asquin	1:03:58	6:24
65	2/2	M	337	Greg Hebb	1:04:30	6:27
66	4/6	F	361	Lindsay McNutt	1:04:37	6:28
67	2/4	F	314	Patty Chizma	1:05:05	6:31
68	4/5	M	350	Chris Malin	1:06:20	6:38
69	5/5	M	310	John Bjarnason	1:06:21	6:39
70	9/9	F	366	Amanda Murray	1:07:26	6:45
71	5/6	F	311	Brittany Brown Wyllie	1:08:28	6:51
72	4/4	M	341	John Kelly	1:09:04	6:55
73	4/7	F	333	Rhetta Grant	1:09:53	7:00
74	5/7	F	391	Kim Woods	1:09:54	7:00
75	2/2	M	390	Randy Wolstenholm	1:10:22	7:03
76	6/6	F	330	Stephanie Gazzola	1:12:06	7:13
77	3/4	F	355	Michela McDaniel	1:12:10	7:13
78	1/1	F	363	Christie Mjolsness	1:12:56	7:18
79	1/3	F	336	Nanci Harper	1:13:24	7:21
80	7/9	M	362	Eric Jr Miranda	1:13:29	7:21
81	2/3	F	373	Gina Palmer	1:13:32	7:22
82	6/7	F	343	Kathleen Korner	1:16:14	7:38
83	9/9	F	354	Dakota McCallum	1:16:16	7:38
84	7/7	F	358	Tara McKenzie	1:16:18	7:38
85	8/9	M	351	Tyler Manning	1:16:22	7:39
86	4/4	F	374	Carla Racine	1:19:07	7:55
87	3/3	F	322	Peggy Ehl Swanson	1:22:09	8:13
88	9/9	M	308	Mike Bandayanon	1:33:15	9:20

